



Carmen Delgado Trouern-Trend

October 2, 1934 - November 3, 2024

Carmen Delgado Trouern-Trend, 90, a beloved member of the St. Charles Borromeo Church community passed away peacefully in Bloomington, Indiana on November 3rd. Carmen was born October 2, 1934 to Leandro Delgado and Providencia Torres Delgado in San Juan, Puerto Rico.

Carmen is survived by her loving son John Robert Trouern-Trend of New York, NY, her step-son John B.G. Trouern-Trend, MD and his wife Violet of Weatogue, CT, and her step-daughter in-law Carol Trouern-Trend of Collinsville, CT. She was blessed with 8 step-grandchildren and 23 step-great-grandchildren as well as many nieces, nephews and cousins.

Carmen and her family moved to New Market, TN when she was 14 and then later moved to New York City where she attended Mabel Dean Bacon Vocational High School. As a cosmetology major, she graduated with high honors. That education, and subsequent receipt of her New York cosmetology license, enabled Carmen to secure her first job in the beauty industry with Richard Hudnut, a prestigious cosmetic firm on New York City's Fifth Avenue.

Carmen enlisted in the United States Air Force during the Korean War. She was stationed in Texas and Minnesota. Carmen returned to New York City to resume her cosmetology career following her honorable discharge from the military and the death of her husband.

To continue her professional education, Carmen enrolled at Pratt Institute in Brooklyn, NY. It was here where she learned the European concept of skin care, studying with the famed makeup artist Christine Valmy and renowned fashion photographer, Francesco Scavullo. Carmen also studied in England, Austria, Canada, Japan, and France and later graduated from Purdue University's Continuing Education program in Esthetics. Carmen had a Master Cosmetologist Instructor's license in cosmetology and esthetics and she was a member of NCA "Esthetics America". As the first Latin cosmetologist to work on Fifth Avenue, she practiced or consulted with such beauty houses as Henri Bendel, John Bernard, House of Revlon, Saks Fifth Avenue, and Elizabeth Arden; both in New York and Palm Beach. She was the creative make-up artist with Scavullo for Harper's Bazaar and Vogue advertising layouts, for the premier of the film Camelot, and for the TV commercials produced by US Steel, Breck Shampoo and Emilio Pucci. She did advanced and character make-up with Vincent Kehoe and was a certified consultant for the "Look Good, Feel Better" program for cancer patients.

Carmen still found time for professional and community involvement. She was one of twelve founding members of the American Association of Esthetics, a member of the National and Indiana Cosmetology Associations, and past vice president of the Indiana Hispanic Chamber of Commerce. She was a contributing writer for national and international fashion, beauty and esthetics publications and was a frequent guest lecturer on these subjects for radio and television.

To provide a more tranquil family environment for her son, Carmen moved to Bloomington, IN, in 1968. Aesthetics was an unfamiliar profession in Indiana and she soon realized the monumental challenge of introducing the advantages of aesthetic services and training to the public. In 1971, Carmen opened her European aesthetic clinic in Bloomington, the first of its kind in

Indiana. As interest grew in the profession, she organized and introduced chapters of AIA, SCAA and CIDESCO to the state, serving as regional director for each. The resounding success of her Bloomington clinic and the increasing popularity of aesthetics allowed Carmen to open her second clinic in Indianapolis six years later. In 1978, Carmen was the first American aesthetician to earn a CIDESCO International Diploma in London, which she considered to be the highlight of her accomplishments. In 1981, she accepted an invitation to implement and direct the Oasis Spa in French Lick, IN. Under her direction, the spa received national recognition for its innovative skin treatment programs, comparable to services offered by European spas and health resorts.

Carmen was selected as “Role Model” by Minorities and Women in Business Magazine in 1992 and as a “Legend” by Dermascope Magazine in 1993. Her Bloomington and Indianapolis Clinics were two of the only four clinics in the USA certified as CIDESCO International Institutes. The Indiana Hispanic Chamber of Commerce honored Carmen as 1995’s Hispanic Person of the Year.

Carmen credits her husband of 31 years, Dr. Kenneth Trouern-Trend, for many of her accomplishments, noting his constant encouragement and invaluable expertise as a researcher on skin properties and anti-viral agents. As a team, they were able to implement a successful statewide training seminar, simply titled “Health and Beauty”, where medical professionals shared their knowledge with aestheticians. Carmen believed that “The more you give, the more you will receive!”

Carmen is preceded in death by her parents, her husband Dr. Kenneth Trouern-Trend, her brother Juan R. Delgado and her step-son Anthony Trouern-Trend.

Carmen lived a life full of joy, laughter, and adventure. A passionate dancer, Carmen could often be found at the Arthur Murray Dance Studio, where she shared her vibrant energy and love of dance with others. Her heart was just as lively as her spirit, and she found immense joy in traveling the world, grateful for the many countries she had the opportunity to explore. Carmen's zest for life was contagious, and she brought happiness and light to all who knew her. She was a beautiful soul—vivacious, kind, loving, and full of grace.

Carmen will be deeply missed by her family, friends, and all whose lives she touched. Her memory will live on in the hearts of those who were fortunate enough to know her.

Visitation will be at Allen Funeral Home, 4155 S Old State Rd 37, Bloomington from 3:00–6:00 pm on Monday, November 11th.

A Memorial Mass will be held at St Charles Borromeo Church, 2222 E 3rd St, Bloomington at 11:30 am on Tuesday, November 12th. Lunch will be served in the parish hall after Mass.

Memories of Carmen and condolences to her family may be given at allencares.com

Previous Events

Visitation

NOV **11.** 3:00 PM - 6:00 PM (ET)

Allen Funeral Home and Crematory
4155 S. Old State Road 37
Bloomington, IN 47401
(812) 824-5905
<http://www.allencares.com>

Mass of Christian Burial

NOV **12.** 11:30 AM (ET)

St. Charles Borromeo Catholic Church
2222 East Third Street
Bloomington, IN 47401

Tribute Wall

MR

“ My name is mariam I was Carmen employees for a few years I take care for all her business and client. She was a nice kind legend for a skin care.

She taught me everything when she knows she teaches every employees when she hired it the way she like it. She was a nice business woman. She was a beautiful woman. I remember one of the employees father came from Armenia and he died. Carmen she pay for her packet for funerals all the package and funeral and she closed the spa one day we joined for a funeral because she doesn't have any family here. I was always contact with her. I visit her a few time in Bloomington. I talk with her the past years

Only last year she's not recognize my voice and I have an accent and still she tell me, honey. I don't want to buy it.

But I tell her OK Carmen love you. I tried a few months ago. Her phone was disconnected and I thought maybe she moved some another facility and then a a week ago I thought about her and I Google her I found out she died last year in November 2. I am so upset. I was upset because I didn't join her funeral.

She was so nice kind lady when I work for her my daughter, she was a receptionist in front of desk when she finish work, she drop at her the way to go to Bloomington to college she was kind she was cared about employees she cared about us all her client. She cared about us all human being missing her. She bring us a lot of study experience in United States for all her education and traveling all over the world before technology like Facebook Instagram anything she travel all over the world for every skin care seminar and she bring his idea to America. Most plastic surgeon dermatologist knows her because she have a continuous education for all to joint to learn about the beauty skin and face and body miss her

Peace and she will be in heaven

Mariam Rahimi - August 12, 2025 at 09:58 AM

RJ

“ Carmen, I am so glad we shared a time in my life that would have been incomplete without you in it May you rest in Wonderful Peace this is one that is well deserved your friend Reece

Reece Johnston - November 12, 2024 at 10:24 AM

LC

“ Thank you Carmen for your mentorship first as a young girl at IU and later as a professional. You will be missed.

Lillian Casillas - November 11, 2024 at 04:17 PM

VJ

“ Violet and John purchased the Peaceful White Lilies Basket for the family of Carmen Delgado Trouern-Trend.



Violet and John - November 10, 2024 at 05:08 PM



“ Sweet Solace Spray was purchased for the family of Carmen Delgado Trouern-Trend.



November 10, 2024 at 04:30 PM

VC

“ Victoria Coffey planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Carmen Delgado Trouern-Trend.

Victoria Coffey - November 09, 2024 at 02:42 PM

VC

“ Victoria Coffey purchased the Gracious Lavender Basket for the family of Carmen Delgado Trouern-Trend.



Victoria Coffey - November 09, 2024 at 02:42 PM



“ Carmen was a wonderful customer of mine for many years at the Hilltop Restaurant in Spencer, Indiana.

Sue Carpenter - November 09, 2024 at 02:15 PM

CS

“ Cat, Mickey, Eyal, Arik and Scott purchased the Sweet Remembrance Spray for the family of Carmen Delgado Trouern-Trend.



Cat, Mickey, Eyal, Arik and Scott - November 09, 2024 at 12:15 PM

LC

“ Love Carol Dianne Vikki Liz & Christine purchased the Magnificent Life Spray for the family of Carmen Delgado Trouern-Trend.



Love Carol Dianne Vikki Liz & Christine - November 08, 2024
at 03:12 PM

TH

“ Carmen was a longtime fan of our band in Bloomington. She was a joyful dancer on the floor and in life. We were honored to provide swing music for her, and I cherish her memory. RIP Carmen.

Timothy L Haas - November 08, 2024 at 11:49 AM

SB

“ I'll never forget our laughs and coffee and croissants at the lake Carmen. You made such a mark on my life. I appreciated the wisdom and care you had to share with me. You will never be forgotten.

Sarah Boardway Bowley - November 08, 2024 at 10:19 AM

HL

“ Heather Rene Luedike purchased the Basket of Memories for the family of Carmen Delgado Trouern-Trend.



Heather Rene Luedike - November 07, 2024 at 11:50 AM