



Denise Lynn Griggs

August 8, 1974 - April 19, 2026

One of the best people in the world, Denise Lynn Griggs of Bloomington, Indiana, passed away on April 19, 2026 at the age of 51. Born August 8, 1974, in Hinsdale, Illinois to Thomas and LaVonne Griggs, she was a beacon of gentleness and kindness to friends and family and improved the lives of everyone around her.

Denise's formal education started at Lincoln Christian College, and she went on to earn degrees from Illinois State University (including a semester at Oxford), Fordham University, and Indiana University.

She was a lifelong learner with a wide variety of interests. An avid reader who loved the books of Terry Pratchett, she was also an accomplished woodworker, furniture maker, and knitter as well as an excellent cook. She worked as an instructional designer for Cook Medical and volunteered for Habitat for Humanity of Monroe County and Pantry 279.

Denise cared deeply for her friends and family and expressed that care through action, by baking your favorite treat for your birthday, showing up after a surgery to help you recuperate, or, in an emergency, arriving at the hospital before your ambulance did. She listened without judgement and laughed without hesitation.

She loved animals, especially baby elephants and her pampered cats, and created a safe haven in her backyard for birds, turtles, and other wildlife.

Denise is survived by her husband, Greg Adams; stepchildren, Carter, Zoe, and Link Adams; parents, Thomas and LaVonne Griggs; and siblings, James Griggs, Deborah (Joseph) Griggs, and Marie (Alexander) Andrews.

Details about her celebration-of-life event and an RSVP link will be available at <https://sites.google.com/view/denise-griggs/home>.

In lieu of flowers, please donate to Habitat for Humanity of Monroe County.

Allen Funeral Home and Crematory 4155 South Old State Road 37 have been entrusted with the arrangements and online condolences, photos and memories may be shared with family and friends at www.allencares.com